

<b>Exercise Science</b>		
<b>A. Essential Skills</b>		<b>9 Semester Hours</b>
	English 111 and 112	6 hours
	Math 111 or 113	3 hours
<b>B. Institutional Requirements</b>		<b>4 Semester Hours</b>
	Select one of the following:	3 hours
	❖ Religion/Philosophy 111, 112, 122	
	❖ Humanities 121, 122	
	Information Systems 101	1 hour
<b>C. Humanities/Fine Arts</b>		<b>6 Semester Hours</b>
	Select one of the following:	3 hours
	❖ English 121, 122, 123, 127, 128	
	Select from the following:	3 hours
	❖ English 121, 122, 123, 127, 128	
	❖ Humanities 121, 122, 157	
	❖ Music 123	
	❖ Art 123	
	❖ Theatre 123	
<b>D. Science, Mathematics, and Technology</b>		<b>11 Semester Hours</b>
	Any two laboratory courses from the following:	8 hours
	❖ Biology 121	
	❖ Chemistry 121	
	❖ Physical Science 100	
	Additional lab science or:	3 hours
	❖ Math 201	
<b>E. Social Sciences</b>		<b>12 Semester Hours</b>
	History 101 or 102 and 105 or 106	6 hours
	Political Science 111	3 hours
	Physical Education 220	3 hours
<b>F. Program of Study Requirements</b>		<b>20 Semester Hours</b>
	Biology 123, 124	8 hours
	Health Education 115	3 hours
	Health Education 230	3 hours
	Health Education 240	3 hours
	Education 111	3 hours
<b>G. Physical Education</b>		<b>4 Semester Hours</b>
	Area I: PED101 Wellness	1 hour
	Area II: Fitness and Conditioning	1 hour
	Area III: Team Sports	1 hour
	Area IV: Individual Sports	1 hour
<b>Core Curriculum Requirements</b>		<b>66 Semester Hours</b>